



### **BUYER'S GUIDE**

It's Edu-Train-Ment!



## The A-Fleet includes 16 modules:

The A-Fleet: Professional Safe Driver Course is a comprehensive training program designed for newly hired or experienced professional drivers. The course provides self-directed, computer-based education, followed by closed course and behind-the-wheel training. The overall goal of the program is to improve safety behaviors and outcomes.





#### Understanding Safety and Risk

Presents the definitions of safety, accidents, and risk, and teaches drivers how to use that knowledge to avoid unsafe behaviors (taking chances) and eliminate accidents.

#### **Pre-Trip Inspections**

Discusses the importance of conducting a consistent pre-trip inspection and documenting the condition of the truck, so that potential safety hazards can be identified and addressed.



Educates drivers how to drive defensively and prevent accidents by using the Four Driving Principles of Safety™: Look Ahead, Look Around, Leave Room, and Communicate.

МРН	Ft./Sec.	Braking Distance	Perception Reaction Distance (brakes covered)
			0.75 secs
20	29	32	22
25	37	49	28
30	44	70	33
35	51	96	39
40	59	125	44
45	66	158	50
50	74	195	55
55	81	236	61
60	88	280	66

#### **Following Distance**

Educates drivers about the importance of always using a minimum five-second following distance on dry road conditions, and discusses how to adapt to different driving conditions.











#### **Backing Basics**

Covers the potential dangers of backing a truck and how to avoid backing whenever possible; focuses on the changing environment, using spotters and standard hand signals, and using G.O.A.L. - Get Out And Look.

#### Intersections

Educates drivers about the risks associated with intersections and the best methods for negotiating a heavy truck through controlled and uncontrolled intersections; covers left and right turns and using the Rock and Roll technique.

#### Changing Lanes, Merging and Passing

Informs drivers of the correct procedures to follow when changing lanes and while merging onto and exiting a highway. The intended outcome is to reduce the rate of accidents involving lane changes.

#### **Railroad Crossings**

Educates drivers about the potential dangers of railroad crossings, the commonality of accidents at railroad crossings, and the procedure to follow when crossing tracks; covers Federal laws concerning HAZMAT-carrying vehicles.

#### **Adverse Conditions**

Teaches drivers how to react and respond to adverse driving conditions, including rain, ice, snow, sleet, hail, fog, smoke, reduced visibility, night driving, animal strikes and mountain driving. The intended outcome is to reduce the rate of accidents in inclement weather and adverse driving situations.











#### Human Factors and Fatigue

Informs drivers about human limitations such as fatigue, the basics of sleep, and how to avoid fatigue in day-to-day life; covers other human factors that affect safety (e.g. wellness and distractions) in an effort to reduce the occurrence of accidents related to driver fatigue and other human factors.

#### **Emergency Procedures**

Trains drivers on proper accident and emergency procedures, so that accidents and emergencies are handled efficiently and without creating additional exposure to loss.

#### Large Vehicle Dynamics

Educates drivers about the dynamics of large vehicles and how to safely maneuver a commercial vehicle when gravity, inertia, centrifugal force, traction, friction and center of gravity are at play.

#### Load Securement

Educates and trains drivers on proper load securement techniques in order to prevent accidents and avoid delivering damaged loads to customers; includes securing different types of loads, such as tubes, drums, coils, flat-rolled steel, coiled tubing and tarping.

#### **Federal Regulations**

Teaches drivers about the importance of preventing driver fatigue, which increases the risk of accidents; covers how to comply with Federal laws regarding driver qualifications and hours of service regulations.



#### CSA

Covers the CSA's Safety Measurement System (SMS) and teaches drivers how to comply with CSA regulations regarding truck safety.



#### **Injury Prevention**

Educates drivers how to protect themselves from slips, trips and falls, as well as injuries caused by improper lifting; includes techniques for safely getting in and out of the truck and avoiding back injuries.

### Safety Tune-Ups

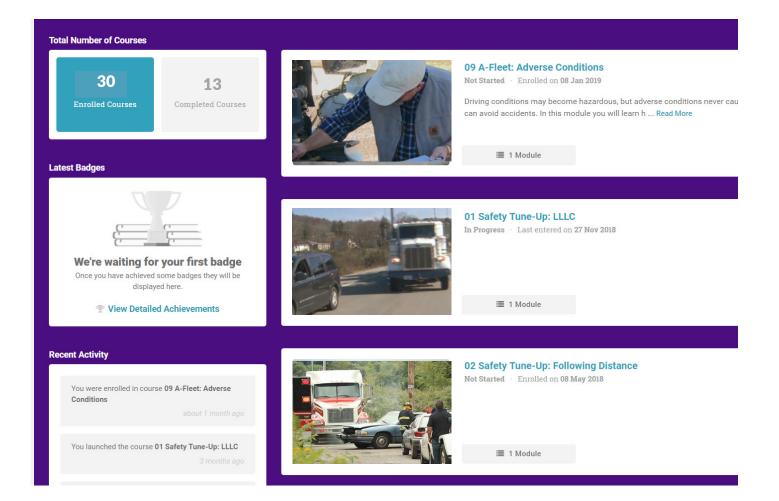
Safety Tune-Ups ensure that vital subjects remain top-of-mind to achieve habituated safe driving behaviors. The A-Fleet Safety Tune-Ups include 26 courses followed by two to five questions that run five minutes on average.



## Learning Management System

The A-Fleet is easy to use and manage. With our complete learning management system you'll be assigning courses, tracking progress, documenting, and reporting on every course for every driver.

- Watch videos and take quizzes on any device: phone, tablet, or computer
- Automatically track quiz scores with time & date stamp
- Assign specific modules to individual drivers or multiple modules to your entire fleet with deadlines



Pricing



The A-Fleet Monthly Subscription

TIER 1	TIER 2	TIER 3	TIER 4
1-199 DRIVERS	200-499 DRIVERS	500-999 DRIVERS	999 + DRIVERS
\$500/MONTH	\$850/MONTH	\$1,000/MONTH	CONTACT US



# Schedule Your Demo **Today**







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#### REVIEWS

"The value you can achieve by implementing the A-Fleet is enormous compared to the very minimal cost of the program. Typically, the first place people look to save money is from the safety department. AvatarFleet has a cost-effective program that will ultimately end up increasing one's profit by reducing liability."

> - Duane Hendricks Fairfax County Department of Solid Waste Collection & Recycling

"The A-Fleet is the best training I've come across in my 30 years of trucking safety. Most of my new hires tell me this is the best training program that they have been through!"

- Willy Jennings, Gateway Distribution, Inc.

"AvatarFleet takes a creative approach to change the status quo in the industry. The A-Fleet is creative and entertaining approach to driver training."

- Phil Dybzinski, TLX